

35 Quick & Easy Breakfast Ideas To Start Your Day Right



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They say breakfast is the most important meal of the day. But do you know who coined that mantra? Cereal advertisers. (Go figure.) Yet, turns out they were onto something. They single handedly inspired a generation of brunchers who would rather travel great distances for some Pinterest-worthy poached eggs on smashed avocado – than visit their parents at Christmas. Right?

The thing is, all that brunching comes at a hefty cost. And with the price of real estate always on the rise, eventually comes crunch time to curb those spending habits a little. But that doesn't mean breakfast is any less important.

Now, no one's saying to ditch the fancy pants poached eggs from your Instagram stories. But we figured we'd share 35 quick and easy breakfast ideas that won't compromise on flavour or convenience or photo-worthy satisfaction – and may save you a bucket tonne of cash at the same time.

Whether you're a fan of sweet or savoury to kickstart your day, we've made it simple for you to get cracking on a breakfast of champions at home. What do you say? Get your camera ready. And your morning appetite.

1. Mushroom & Tomato Omelette



Why not start the day with something a little gourmet, a French-inspired classic breakfast that you'll be waking up eager to make again and again.

2. Basted Fried Eggs with Yoghurt & Smoked Paprika Butter



From Justine Schofield comes this decadent recipe set to charm and inspire a whole new way of thinking about breakfast.

3. Roast Vegetable Rosti with Poached Eggs



Let the rösti be your base for breakfast comfort and creativity. Because you name it, you can add in whatever you've got – grilled mushrooms, halloumi, roasted cherry tomatoes, baked beans. It's all up to you.

4. Healthy French Toast Recipe



Dairy-free, delicious and downright delightful. Use whatever bread you like; this easy recipe is an absolute keeper.

5. Morgan Hipworth's Breakfast Quesadilla



Setting up your breakfast to remember, Morgan Hipworth shares his favourite flavour-packed quesadilla recipe. Filled with chipotle sauce, crispy bacon, pico de gallo, jalapeños, avocado, beans and of course gooey cheese – it all contrasts so perfectly with the crisp, golden exterior.

6. Tray Bake Pancake with Raspberry & Mango



A family size pancake coming right up. This recipe certainly makes it easy to feed the masses. Golden, fluffy and delectably sweet, this simple yet impressive breakfast is an absolute must-try.

7. Baked Eggs



If you find yourself stuck for breakfast ideas (why else would you be reading this?) then get creative with these brilliant baked eggs. Filled with fresh veggies and Danish feta, there's nothing not to love about this quick and easy recipe.

8. Spicy Scrambled Eggs Breakfast Rolls Recipe



Dazzle your mates with a photo-worthy breakfast roll that packs all the mighty flavour and heartiness to match. Soft, buttery with the right amount of kick, this chilli scramble may quickly become your go-to recipe at any time of day.

9. Green Eggs & Ham



Trust Dr.Seuss to create a breakfast stir that's been delighting children since the 1960s. With so many variations on this colourful recipe theme, our simple combination of creamy spinach and parmesan is a deliciously winning formula.

10. Smoky Baked Beans with Poached Egg



Cooking your own baked beans is a breakfast gamechanger, and far more delicious than the canned stuff. The best part? You can use whichever beans you like best. And you'll certainly re-live the salty, smoky appreciation of this recipe long after you've eaten.

11. Cheesy Egg in The Hole with Corn Salsa



No one ever said breakfast shouldn't be fun. This simple yummy recipe will impress and delight even the harshest breakfast critics in your household.

12. Egg & Trout Croissants



You've been waiting to learn how to make croissants even more delicious, right? We thought so. And this recipe is the epitome of all your gourmet breakfast dreams come true. Seriously.

13. Protein-Packed Banana Porridge



For a heartwarming staple breakfast, you can't go past a good porridge. It's cheap, wholesome and super simple to spice up with your favourite flavour combos. This recipe packs loads of muscle-building protein to fuel you and keep you full for longer.

14. [Gluten-Free Apple & Almond Pancakes](#)



Don't flip a lid; flip a pancake. Perfect for an anytime-of-day treat, this appetising gluten-free pancake recipe whips up the perfect savoury-sweet and satisfying breakfast.

15. Brekkie Bagel



Forget cleaning any baking dishes. This simple bagel recipe is a killer way to knock up baked eggs on a completely edible base—an absolute breakfast winner for kids and adults alike.

16. Hash Brown Ham & Egg Nests



Equal parts delicately crispy and mushy, these gratifying hash brown cups are a foolproof and delicious way to use up any leftover Christmas ham.

17. Raspberry & Pear Pancakes



Trust no one who refuses a pancake; it's definitely cause for suspicion. And this raspberry and pear pancake recipe is just as delicious as it appears to be.

18. Green Shakshuka



Don't let the green fool you - this twist on the traditional shakshuka recipe will be a refreshing update to your brekkie table. Crammed with loads of veggies, and blended with eggs, you'll be whipping up this stellar recipe time and again.

19. Cheesy Breakfast Strata



A yummy brunch strata — really just a savoury bread pudding with spinach, cheese, and cuts of bread baked in custard — this recipe perfect for entertaining. You do most of the prep the night before and then let it rest in the fridge overnight. Then, the following day, turn your oven on, place the strata in, and effortlessly wait for your satisfying brunch to emerge.

20. Sweet Cinnamon Omelette Stuffed with Berries



This sweet cinnamon omelette is a fantastic and fast breakfast recipe with a modern twist on the traditional savoury omelette. The creaminess of those eggs works perfectly paired with cinnamon, berries and a dash of maple syrup.

21. Vegetable Fritters with Poached Eggs



Nothing says speedy, satisfying breakfast like tasty vegetable fritters. Capped off with a flawless poached egg, this recipe has Pinterest written all over it. Of course, that's if you're quick enough to photograph before eating.

22. One-Pan Sweet Potato & Egg Bake



This recipe is genuinely a one-pan-wonder—nothing not to love here. Smoky-paprika sweet potato, caramelised onion, topped with a gooey egg cooked to your choice. Indeed, a drool-worthy breakfast.

23. Cloud Eggs with Pancetta Crumbs & Gruyere



You'll be on cloud nine after breakfast this good. A clever yet straightforward recipe, these egg nests look heavenly and taste utterly divine.

24. Italian Baked Eggs & Pork Sausage



Is it possible it tastes even better than it smells? Yes. All those classic Italian ingredients –garlic, onion, olive oil, passata– combine to make a hearty brunch that's fit for a Roman feast. Don't forget your crusty ciabatta on the side for dipping.

25. Turkish Eggs & Sourdough



There's something a little special about this simple breakfast recipe. Is it the spring onion? Others may say it's the paprika and coriander. You'll just have to try it to decide for yourself.

26. Fully-Loaded One-Pan Eggs



This is one mighty impressive breakfast recipe. Packing everything but the kitchen sink, this flavour-packed one-pan dish may well be the one meal you need for the day. Seriously.

27. Aussie Bubble & Squeak with Fried Egg Topper



Using up last night's veggies for breakfast has never tasted so good. There's not much to this recipe, but that's no reason for it not to satisfy.

28. Baghdad Eggs with Quinoa



A tasty vegetarian breakfast that you've most probably never tried – and should. Using high-protein quinoa as a base, this charming recipe boasts unique flavours and plenty of cafe-quality appeal.

29. Big Oat Pancakes with Crispy Bacon & Ricotta



A crowd-pleasing breakfast classic. Combining fluffy pancakes, crispy bacon, and ricotta, the sweet and savoury flavour combination of this popular recipe truly hits the spot.

30. Egg & Avocado Flipover



With avocado being one of the most sought-after breakfast topping options, our Egg & Avocado Flipover is a bonafide brunch winner, that can also serve as a quick and easy dinner.

31. Mushroom Souffle Omelette



Imagine biting into a delicate slice of a fluffy omelette. Now add some sautéed mushrooms and then a sprinkle of melted cheese. Now you're getting close to our heavenly mushroom omelette soufflé – a recipe fit for a royal.

32. Coconut & Blueberry Baked Oats



A simple breakfast pleasure prepared with wholegrain oats, shredded coconut and studded with juicy blueberries – all baked into a slice with your milk of choice and eggs. Sounds like a ripping start to the day? We agree.

33. Savoury Parmesan French Toast with Mushrooms



Savoury French toast with mushrooms puts a lavish spin on eggs and toast – yet is an utter breeze to make. Pick a wholegrain bread, add a sprinkle of parmesan, and load it up with herbacious mushrooms for gratifying morning flavour-hit.

34. Prosciutto Egg Cups



A superb and straightforward low-carb dish that's perfect for breakfast or to pack for on-the-go. Of course, carb lovers can accompany it fittingly with some crusty bread drizzled in olive oil.

35. Breakfast Soft-Shell Tacos



Wrap your hands around these delightful vegetarian soft-shell breakfast tacos. Seasoned with fresh herbs and feta cheese, and a dollop of tomato relish, this is the comforting at-home recipe that makes you question eating out.