Egg Bruschetta with Salmon Roe and Dill



Preparation time: 15 mins

Serves: 4 people

User Rating: ★★★☆☆

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Categories: Quick & Easy, Lunch Recipes, Entertaining, Meals for One



Ingredients

- 8 Eggs (hard boiled)
- 4 tbsp Light mayonnaise
- 1 tsp Grain mustard
- ½ bunch Dill (½ chopped, ½ sprigs)
- 4-8 slices Bruschetta bread (grilled or toasted)
- 4 tsp Salmon roe

Optional:

Salad leaves

• Tomatoes

Method

- 1. In a bowl mix mayonnaise, mustard, dill, and season.
- $2.\,$ Add eggs, lightly smash with a fork, and mix through the mayonnaise mix.
- 3. Place onto the bread and garnish with salmon roe and dill sprigs.

Notes

serve with a side salad or add sliced tomatoes

Nutritional Information

| Serving size | Energy | Protein | Total fat | Saturated fat | Carbs (total) | Carbs (sugar) | Sodium | Fibre |
|--------------|-----------------------------------|---------------|--------------|---------------|---------------|---------------|--------------|-------------|
| 213g | 1590 kJ 380 kcal | 24.5 g | 12.1g | 3.1g | 42.5g | 5.6g | 780mg | 2.5g |

All nutrition values are per serve.