# **Nasi Goreng with Fried Eggs**



Preparation time: 40 mins

Serves: 4 people

User Rating: ★★★☆☆

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Using the Indonesian name for fried rice, this *Nasi Goreng with fried eggs* recipe has everything you could possibly want for a weeknight dinner - prawns, chicken, eggs and a variety of Asian condiments to give you an authentic flavour.



# **Ingredients**

- 2 tbsp canola oil
- 1 carrot, finely chopped
- 1 small red onion, chopped
- 1 clove garlic, crushed
- 1 small chicken breast, sliced
- 12 raw prawns, peeled and de-veined

- 1-2 tsp sambal oelek
- 2 cups shredded chinese cabbage
- 4 cups cooked jasmine rice
- 2 tbsp kecap manis
- 1 tbsp soy sauce
- 2 tsp tomato sauce
- 1½ tsp fish sauce
- 4 green onions, sliced

#### To serve:

- 8 fried eggs
- 2 tomatoes, cut into wedges
- 1 lebanese cucumber, sliced
- 1 long red chilli, sliced
- 1 lemon, cut into wedges
- · Coriander sprigs, to garnish
- Fried shallots, to garnish

### **Method**

- 1. Heat the oil in a wok or large deep frying pan over medium heat.
- 2. Add the carrot and onion and cook for 2-3 minutes until tender then add the garlic, chicken, prawns and sambal oelek (adjust the amount according to desired heat). Toss until fully combined and cook for another 4-5 minutes until the meat is just cooked through.
- 3. Add the cabbage to the wok, cook for a minute until starting to wilt then stir in the rice and cook for 4-5 until heated through.
- 4. Stir the combined kecap manis, soy, tomato sauce and fish sauce through the rice, and cook for another 2-3 minutes, moving the rice around the wok to mix in with the sauce evenly. Toss through the green onions.
- 5. To serve, spoon rice onto a large platter, top with fried eggs, and accompany with tomato wedges, cucumber, chilli, lemon wedges, coriander sprigs and fried shallots.

### **Notes**

- Fried shallots are available in Asian grocery stores or most supermarkets in the Asian section.
- Sriracha can also be used as an alternative to sambal oelek.

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## **Nutritional Information**

Serving size 606q

2650kJ 633kcal Protein 39.6g

Total fat 18.3g

Saturated fat **3.1q** 

Carbs (sugar) **12.3 q** 

Sodium **1180mg** 

Fibre 8.4q

All nutrition values are per serve.