

Persian Love Cake



Preparation time: 90 mins

Serves: 12 people

User Rating: ★★★★★

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Categories: Desserts, Vegetarian



Ingredients

2 cups (240g) almond meal

$\frac{3}{4}$ cup (110g) self-raising flour

300g butter, at room temperature

1 $\frac{1}{4}$ cups (275g) firmly packed brown sugar

2 tsp vanilla extract

1 $\frac{1}{4}$ tsp ground cinnamon

1 ¼ tsp ground ginger

1 tsp ground cardamom

2 tsp rosewater

6 eggs

Turkish delight, pistachios, raspberries, gold leaf and dried rose petals, to decorate

ROSEWATER BUTTERCREAM

250g butter, softened, room temperature

500g icing sugar mixture

1 tsp vanilla extract

3 tsp rosewater, or to taste

1 tbsp milk

Pink food colouring, to tint

Method

- 1. Preheat oven to 180°C/160°C fan-forced. Grease a round 22cm diameter cake pan. Line base and sides with baking paper. Combine almond meal and flour in a bowl and set aside.
- 2. Using an electric mixer, beat butter, sugar, vanilla, cinnamon, ginger, cardamom and rosewater in a large bowl until pale and creamy. Add eggs, 1 at a time, beating after each addition. Fold in almond meal mixture until combined.
- 3. Spoon mixture into prepared pan. Smooth surface. Bake for 50-55 minutes or until a skewer inserted into the centre of the cake comes out clean. Set aside in pan for 10 minutes to cool before turning onto a wire rack to cool completely.
- 4. Meanwhile, using an electric mixer, beat butter in a bowl until pale and creamy. Gradually add icing sugar mixture, beating constantly until combined. Add vanilla and rosewater. Tint pale pink with colouring. Beat until combined.
- 5. Cut cake in half horizontally. Place cake base on a serving plate. Pipe or spread over half the buttercream. Top with cake top. Pipe or spread with remaining buttercream. Decorate with Turkish delight, pistachios, raspberries, gold leaf and dried rose petals. Serve.

Nutritional Information

Serving size	Energy	Protein	Total fat	Saturated fat	Carbs (total)	Carbs (sugar)	Sodium	Fibre
157g	3270kJ 782kcal	8.5g	50.6g	25.8g	71.4g	63.3g	104mg	3.1g

All nutrition values are per serve.