Strawberry Curd



Preparation time: 20 mins

Serves: 50 people

User Rating: ★★★☆☆

Publication: 27 January 2022

Categories: Desserts

Introducing our home-made strawberry curd. Your new favourite dessert that we guarantee you'll be drizzling over everything once you've tried it.

We recommend turning the curd into <u>Strawberry Tarts</u> or simply pairing with whipped cream & strawberries. It's a delicious creation, perfect for summer.



Ingredients

- 2 x 250g strawberry punnets
- 3 egg yolks
- 1 whole egg
- ½ cup (110g) caster sugar
- 3-4 tbsp lemon juice (approx. 1 large lemon)
- · 125g chilled butter, diced

Method

- 1. Hull and halve 1 ½ punnets of strawberries and place into the bowl of a food processor. Reserve remaining whole strawberries to garnish tarts. Process strawberries until pureed. Strain through a fine sieve. Discard pulp.
- 2. Place egg yolks, egg and sugar into a saucepan. Add ⅓ cup of the strawberry juice, and 2 tbsp of the lemon juice. Whisk over medium-low heat for 2-3 minutes, until sugar has dissolved and mixture begins to thicken.
- 3. Reduce heat to low and gradually add butter, 3-4 pieces at a time, whisking continuously until melted. Continue until mixture thickens and all the butter has been added. Curd is ready when it coats the back of a spoon. Pour into a clean bowl.
- 4. Cover the curd surface with plastic wrap to prevent it from forming a skin. Let cool to room temperature then refrigerate until cold.

Notes

- Strawberries' sweetness will vary from season to season. While curd is still warm, adjust flavour, colour and consistency by stirring in more strawberry juice or lemon juice until it is to your liking.
- Frozen strawberries can be substituted for fresh. Weigh 300g frozen strawberries and thaw in the microwave or on bench top. Process or mash with a fork until strawberries are smooth. Strain through a fine sieve to collect 185ml of juice. Follow recipe as above.
- Make the curd in a nonreactive saucepan, such as stainless steel.
- This curd can be made in the microwave. Follow the method for Easy Microwave Lemon Curd.
- Spoon curd into airtight containers and refrigerate for up to 2 weeks.

Nutritional Information

| Serving size | Energy | Protein | Total fat | Saturated fat | Carbs (total) | Carbs (sugar) | Sodium | Fibre |
|--------------|--------|--------------|-------------|---------------|---------------|---------------|-------------|-------|
| 18 g | 144kJ | 0.5 g | 2.5g | 1.5g | 2.6g | 2.5g | 21mg | 0.2g |

All nutrition values are per serve.